

Workgroup Leader Report

Name
Rabie Hayek
Email
rabie@omnibreath.com
Reporting Year
2026
Select the workgroup you lead (or represent)
Professionalism
How do you enjoy being in your role as Workgroup Leader/Representative? On a scale from 0 to 10, where 10 is the best.
9
General summary: What happened last year in your group? Overview of your actions/activities.
We produced another successful, beautiful and informative WBD that made impact in lives all over the world. There are always people that discover their conscious breath for the first time on WBD. There are also people celebrating with us annually now. 25 presentations were done. All recorded and representing IBF on the WBD YouTube page. We keep getting better at producing the WBD. With more resources both financial and human resources, we can make even more impact and keep growing this worthy, joyful event annually.
Did you or your group attract new IBF members?
Yes
How did you do this? Any best practices to share?
We invite people to sign up and we always share our experience as IBF members vocally on WBD.
How do you feel about being in service for the organisation? On a scale from 0 to 10, where 10 is the best.
10
How was it for you to work with the Executive Team? On a scale from 0 to 10, where 10 is the best.

Workgroup Leader Report

10
Workgroup Leader/Representative since
2024
Will you continue in your current position next year?
Yes
Do you have a deputy/proxy?
No
Did you attend most "Workgroup Leader Meetings" during the last year?
Yes
Will you be attending the next conference?
No
Will your deputy/proxy attend the conference?
No
Do you plan to attend the online AGM's?
Yes
How do you like where the organisation is heading? On a scale from 0 to 10, where 10 is the best.
8
How do you like the current AGM format? On a scale from 0 to 10, where 10 is the best.
8
Please name the current members of your team
Ayo Handy-Kendi, Laura Pauvedin, Nayada.
Are any members stepping down from your team?
No

1-07-20262/3

Workgroup Leader Report

Room for personal notes from team members (optional)
A member of the WBD Team made a request. Since we are a small team and we make an event level impact on IBF like GIC does. Can the four of us have our IBF member fees covered this year as a token of appreciation? I (Rabie) haven't been to the last few GiCs to benefit from having GIC fee waved as a workgroup leader. This would be a nice gesture on behalf of IBF.
Room for my personal message (optional)
Each year we seek to start earlier in the year and our schedule has been set by the team for this coming production year. We work well together. We wish to invite a Pep Rally that is member wide and hosted by the WBD Team drumming up more participation in workgroups as each workgroup and leader presents one at a time. Voicing what they are looking for from the community.
GDPR Agreement
Accepted
Date of submission
15/06/2026